



MARIÁNSKÉ
LÁZNĚ

MARIENBAD

🇬🇧 Tourist Guide

- Town information
- Holiday and excursion ideas
- Town map



www.marianskelazne.cz/en

GREAT
SPAS *of Europe*

CONTENTS

INTRODUCTION	3
HISTORY	4
MINERAL SPRINGS	6
THREE-DAY HIKING PROGRAMME	8
FOUR-DAY FAMILY PROGRAMME	12
MAP.....	14
FIVE-DAY CYCLING PROGRAMME	18
ANNUAL EVENTS	23
FOUR- TO SEVEN-DAY PROGRAMME	24
GUIDED TOURS.....	26



TOP TIP:

Purchase a Karlovy Vary Region Card from the information centre and enjoy free admission and discounts at over 60 sights and other visitor attractions across the region. The card also serves as a public transport pass in both Carlsbad and Marienbad.

www.karlovyvarycard.cz

ISBN 978-80-907657-0-2



MARIENBAD

Say the word Marienbad, and image of the Singing Fountain, spa wafers, mineral springs and deep forests come to mind. But Marienbad has a bit more to it than that. To discover the town's secrets requires no great effort - it's all here in the brochure you are holding. Read all about it then head off to discover the true magic of this wonderful spa for yourself.

Marienbad is the second-largest spa town in the Czech Republic with 13,000 inhabitants and 7,600 hotel beds. It's located on the edge of the Slavkovský Forest at over 600m above sea level and enjoys a sub-alpine climate. The town is best-known for its mineral-rich springs – there are over 100 of them in the area, around 40 in the town itself. Visitors cannot fail to be impressed by the town's many parks,

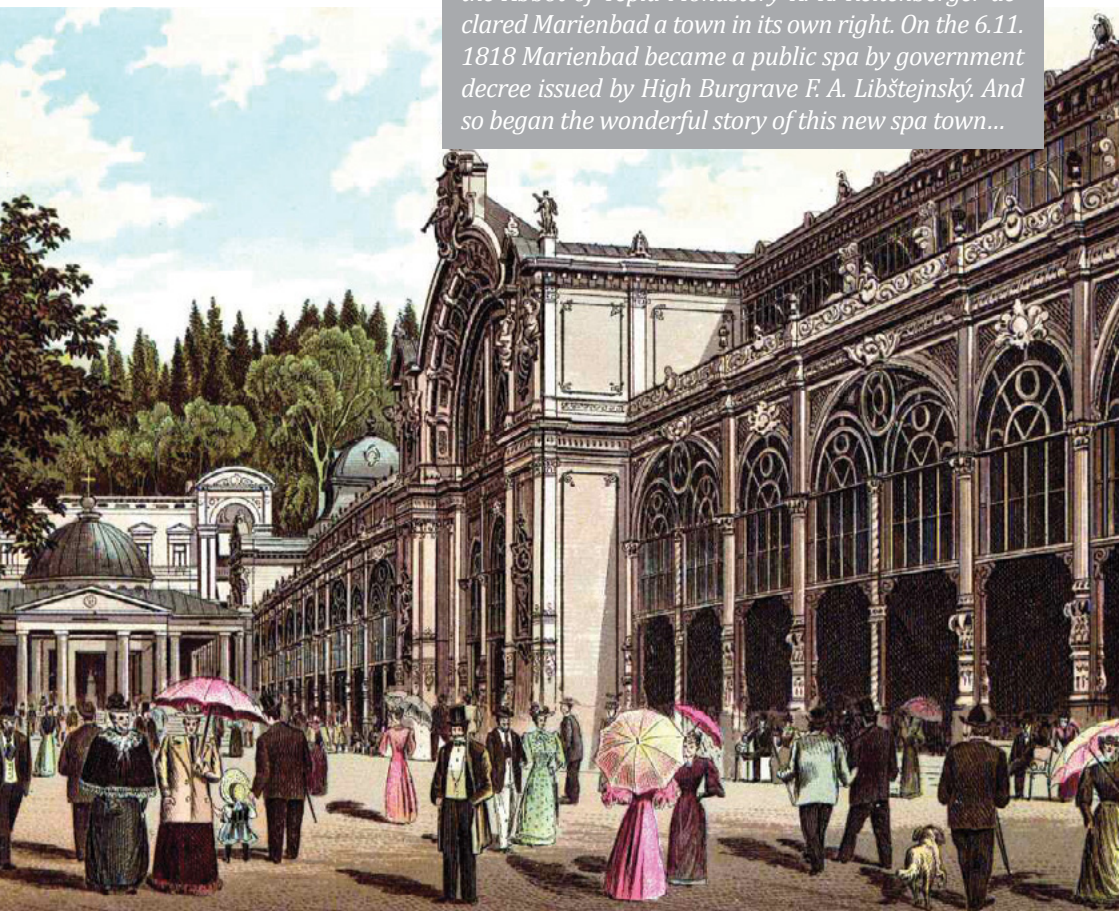
strikingly beautiful natural setting and the grand architecture of the spa houses. In addition to neo-Renaissance buildings you'll also encounter neo-Classical, neo-Baroque and Art Nouveau elements. Marienbad is one of the eleven European spa towns applying for inclusion on UNESCO's list of world cultural heritage sites.

HISTORY:

A young town with a rich history

MARIENBAD'S EARLY DAYS

In 1807 Dr. Josef Nehr built the first stone house for spa guests called „The Golden Ball“ next to the Cross Spring, on the site of the original timber hut. In 1812 the Abbot of Teplá Monastery K. K. Reitenberger declared Marienbad a town in its own right. On the 6.11. 1818 Marienbad became a public spa by government decree issued by High Burgrave F. A. Libštejnský. And so began the wonderful story of this new spa town...



HISTORY: *A young town with a rich history*

1820 - 1870

Supported financially by Abbot Karel Kašpar Reitenberger, the landscape gardener Václav Skalník, architect Jiří Fischer and builder Anton Turner transformed an inhospitable, marshy valley into a beautiful spa town sporting neo-Classical and Empire facades, gazebos, pavilions and colonnades. Skalník's urban design has mostly survived intact to this day.

Many important personalities of the day from the worlds of culture, science and politics paid the town a visit. These included Goethe, Chopin, Wagner, Bruckner and Prince Friedrich of Saxony to name just a few.

On 29. 5. 1865 Emperor Franz Joseph I granted Marienbad official town status.

GOLDEN ERA

Marienbad's heyday came between 1870 and 1914 and this can still be seen in the numerous neo-Classical and Art Nouveau spa buildings, hotels, colonnades and churches, many the work of architects such as Zickler, Schaffer, Heymann and Forberich. The spa parks were expanded and idyllic viewing points created in the surrounding hills. In 1872 the town was linked by railway to Cheb, Vienna and Prague (via Pilsen) and in 1898 with Carlsbad. It was at this time that the number of illustrious guests reached its peak. These included Mahler, Nietzsche, Kafka, Kipling, Twain, Edison, de Coubertin, King Edward VII of England and Emperor Franz Joseph I.

20TH CENTURY

The spa continued to attract many visitors in the first half of the 20th century – these included important dignitaries such as politicians T. G. Masaryk and Edvard Beneš. In 1927 the newly-built airport in nearby Skláře meant that Marienbad was even better linked to the outside world.

During WWII Marienbad became a military hospital town. At the end of WWII further development took place and the first housing estates and recreational facilities for the population appeared. In 1952 eco-friendly trolleybuses were introduced. Despite these changes, Marienbad has maintained its unique spa town character.



MARIENBAD'S SPRINGS:

Curative power of the springs

SPA TREATMENT

The spa treatments in Marienbad mostly depend on naturally occurring sources of water. Tens of mineral-rich springs bubble to the surface in a relatively small area within the town's borders. However, their chemical composition differs considerably, an interesting geological phenomenon. This means that Marienbad can offer a range of treatments for a wide variety of conditions –kidney and urinary disease, respiratory complaints, musculoskeletal problems, metabolic disorders, digestive system complaints and nerve and skin conditions. The water temperature ranges from 7° to 10° C, making these officially 'cold' mineral water sources.



CROSS (KŘÍŽOVÝ) SPRING

This spring water is used to treat digestive system disorders and allergies associated with digestive problems. Possesses a high mineral content and has a laxative effect.

FERDINAND SPRING

This spring water is suitable for treating digestive system ailments and metabolic problems. Has a strong salty taste and a high mineral content.

AMBROŽ SPRINGS

This water has a low mineral content but does contain high iron levels. Can help with some forms of anaemia and in the treatment of urological illnesses.

KAROLÍNA SPRING

The water from this spring contains high amounts of magnesium and is used to treat urological illnesses and kidney stones.

FOREST SPRING

Suitable for easing various digestive problems, upper respiratory problems and used to treat certain urological conditions.

RUDOLF SPRING

Natural mineral spring with a high calcium content, used to treat kidney disease and urinary tract issues. Possesses anti-inflammatory effects and is used to ease urinary infections.

BALBÍN SPRING

This spring was once called the Peat Bog Spring as it rises on the edge of a peat bog around a kilometre to the west of Marienbad heading towards the village of Valy. It is now piped to a tap opposite the Hotel Bohemia.



TOP TIP:

Visit the springs on a guided tour organised by the Marienbad Information Centre.

www.marianskelazne.cz/en/tours/

THREE-DAY WALKING PROGRAMME:

*Walk yourself
healthy*

TOP TIP:

Download the SmartGuide app onto your smartphone and use it to follow this route. It launches automatically when you arrive at a point of interest; it also works in offline mode.

www.getgui.de/M



DAY 1

After arriving in Marienbad, check in, take a short tour of the town including the Singing Fountain, and try the traditional local spa wafers.

Take the cable car to Krakonoš (or walk up the Krakonoš trail) - at the Krakonoš statue you can get an idea of what Marienbad looked like in its early days. Take on refreshments in the Fairytale Sculpture Garden and then visit Boheminium with its unique miniature castles and other sights from around the Czech Republic.

The deer in the enclosure like to be fed – bring them some chestnuts, acorns or apples.



The Hamelika viewing tower is 20 m tall and there are 100 steps to climb to reach the top. The tower stands at 722 m above sea level.

The Singing Fountain performs during the summer season every odd hour from 7am until 7pm – at 9pm and 10pm the performance includes a light show.



The Miniaturpark Boheminium displays just over seventy perfect scale models (1:25) of significant buildings and technical sights in the Czech Republic.

boheminium.cz

TIP: The cable car runs during the summer season every 15 minutes between 10am and 5.30pm.

Next comes a walk along the blue-marked Edward Trail. The deer enclosure gives you the chance to observe beautiful forest animals. When the weather is good, you can see for miles from the top of Hamelika Tower. Goethe's resting place recalls the time the illustrious German poet Goethe spent in the town, and the Charles Cross the man who founded the town, abbot Karel Reitenberger. The trail ends at the Nové Lázně in the centre of town.

TIP: On Friday evenings the West Bohemian Symphony Orchestra performs in the period ballroom at the Casino.

kalendar.marianskelazne.cz



TIP for children:

The statue of Krakonoš can make a wish come true for all who hop around him three times and then touch his belt buckle.

DAY 2

Visit the Municipal Museum which examines the area's geology, how the town came into being and the history of the famous spa wafers and the local springs, plus you can also visit the rooms where Goethe stayed. From there we continue along the red Goethe trail, passing through the Geological park with its display of minerals and stones from the Slavkovský Forest and WWI memorial.

The Chapel of Love recalls the former mayor, one Mr Laska ('láaska' means 'love' in Czech) and at the Forest Spring you can take a break to admire statues of Goethe and the Muses.

Here you can join the green Metternich trail which leads to the Karola lookout point and the Balbín and Bear (Medvědí) Springs. You can also visit the Jewish cemetery.

In the evening take it easy at in a pool, hot tub or sauna.



The Forest Spring was first brought into service in 1683 under the name Schneidsäuerling. In the early days of the spa it was called Větrový or Aeolský, as it's said it caused slight bloating ('větrový' means 'windy' in Czech!). Only in 1828 was it renamed Forest Spring. The water is used in drinking cures where it emerges from the ground.

Goethe was a big fan of the Czech Lands. In 1823 the poet arrived in Bohemia for the last time, staying in Marienbad at a house called „U Zlatého hroznu“, today home to the Municipal Museum. The rooms he occupied now host a permanent exhibition examining Goethe's relationship to Marienbad and the time he spent here.

muzeum-ml.cz



Prelát Park is a superb place to take the children. You can have a barbecue, monkey around on the climbing frames, try the obstacle course and enjoy other attractions. Visitors can reach the park on foot or by bike. The nearest parking spaces are around 500 m from the park. From the Kovárna stop for trolleybus Nos. 3 & 7 it's around 700 m on foot through the park.

DAY 3

In the morning enjoy a massage, mineral bath or other spa procedure to get you back on your feet after the previous day's exertions. After lunch take the Spa Forests trail via the blue Edward Trail towards Goethe's Rest and Hamelika Tower. From there join the trail that heads towards Prelát Park play area, an ideal place for children with its many swings, slides and meadows. Here you can have a barbecue but you'll have to take everything with you. The spa trail can be completed in the other direction via the Pirate's (Pirátův) Spring to the deer enclosure, or continue to the Ferdinand Spring, and through the park to the Rudolf and Antoníček's spring in the Úšovice neighbourhood, from where you can take the trolleybus back to the town centre.



TIP:

Each year the colonnade at the Ferdinand Spring hosts several cultural events - in May there is the multi-genre festival called mini KOK, in August you can enjoy some events associated with the Marienbad Film Festival take place here.

kalendar.marianskelazne.cz



FOUR-DAY PROGRAMME FOR FAMILIES:

*By scooter,
bike or on foot*

TOP TIP:

Four marked walking routes pass through the area around Marienbad - they are the Edward, Goethe, Metternich and Royal trails.

If you don't fancy going it alone, why not take a guided tour organised by the tourist information centre.



DAY 1

After arriving in Marienbad, check in, take a short tour of the town including the Singing Fountain, and try the traditional local spa wafers. You reach the town's ski resort via Goethe Square – the resort offers a whole range of activities for children and adults alike. There's a Bike Park beneath the cable car and children will enjoy the swings, a slide, shaded sand pits, horizontal bars and drawing boards.



In summer Marienbad's ski resort operates a cable car as well as a cycle hire centre.



DAY 2

Take the cable car to Bohemium with its interactive exhibitions, children's playground and place for playing marbles (bring your own). After your visit, continue to the deer enclosure. You might want to bring chestnuts, acorns or apples with you to feed the deer. At the Hamelika Tower join the Spa Forests educational trail. Along the way you'll learn about forestry, the spa industry, history, geology, mining, zoology, botany and ecology. The trail ends at the Prelát Spring where there's a superb children's playground. Here you'll find a zip wire, swings, climbing frames, an obstacle course, vehicles made of wood, a totem pole, sand pits, a water fun area, miniature mill wheels, wooden cars, a climbing pyramid and slide and several barbecue pits with benches.

TIP: *Each June Prelát Park hosts „Indian Day“. Children can enjoy competitions, complete special tasks and have lots of fun along the way.*

The main spa colonnade, aka Maxim Gorky Colonnade, is one of Marienbad's signature sights. At 135 m it's the longest spa colonnade in the entire Czech Republic.



Town Theatre



Orthodox Church of St Vladimir



Vyhlička Karola

Parkovací dům

Městské divadlo

Evangelický kostel

Kolonáda

Zpívající fontána

Městský hřbitov

Park usmíření

Městský úřad

Dům Chopin

Anglikánský kostel

Gymnázium

Pravoslavný kostel

Pram. Augustin a Edward VII.

Městský bazén

Městská knihovna

Zimní stadion

Kino Slavia

Kaplička Lasky

Lešní pramen

Park u Lešního pramene

Goethova cesta

Metternichova cesta

Městský úřad

Dům Chopin

Anglikánský kostel

Gymnázium

Pravoslavný kostel

Pram. Augustin a Edward VII.

Městský bazén

Městská knihovna

Zimní stadion

Kino Slavia

Kaplička Lasky

Lešní pramen

Park u Lešního pramene

Goethova cesta

Metternichova cesta



The Colonnade



Singing Fountain



Rozhledna Hamelika

Hamelika Lookout Tower



kabinková lanovka

park Bohemium

Danci obora Park Bohemium





DAY 3

Today we visit the Kladská peat bog and the Tajga trail, take a look at neighbouring Kyselé Lake and visit the park containing the mausoleum of the man who established the local hunting lodge. First off, visit the interesting exhibition in the House of Nature – Slavkovský Forest which is certain to be a hit with younger visitors. You can also stop for lunch here – the restaurant at the Pension Kladská regularly features in the Czech Republic's top 100.

In the afternoon you can head for the Lido swimming lake in the Harmníky neighbourhood where you can hire pedalos and beach toys.

From the lake, head by bike or on foot to the tower at the top of a small mountain called Panský vrch above Drmoul, or to the nearby motocross track. Follow the local educational trail here and look out for one of the rarest type of butterflies in Europe – the Marsh Fritillary.

The viewing tower at Panský vrch is 55 m tall. From the top there are spectacular views of the Slavkovský Forest, Marienbad, Mount Dyleň, Lázně Kynžvart and Mount Přímá.



The „Lido“ swimming lake is set amid beautiful wooded landscape, around 2 km from the centre of town. Among other facilities there are rowboats and pedalos to hire and a volleyball court.

www.badlido.com

Around 9km north of Marienbad you'll find one of the most beautiful places in the Cheb District - Kladská hunting lodge and a lake, around which leads a 1.6 km nature trail.

DAY 4

A sport-themed morning awaits! Always wanted to try your hand at golf but were put off by membership requirements and green fees? In Marienbad you can give the game a go without any of that. Anyone can come and use the public Chip&Putt course, from experienced players to beginners, complete novices, families with children, individuals and groups. For a small fee staff will lend you clubs and balls and explain you the basic rules of the game.

There's parking at the course. For lunch you can try the club's own restaurant or the eateries in the nearby village of Závěšín.

After lunch slowly make your way home.



TIP:

Welcoming the Birdsong is a guided walk to hear the birds sing and includes games for children (May). The summer outdoor cinema operates during the Marienbad Film Festival (August). The town's fairy tale festival called A Pocket Full of Fairy Tales as well as the theatre workshop called Little Pocket (July) are other summer events.

kalendar.marianskelazne.cz



The Marienbad Royal Golf Club is one of the oldest in Europe. The 18-hole course occupies a piece of largely flat land on the edge of the Slavkovský Forest, 787 m above sea level. In 2003 Queen Elizabeth II of Great Britain awarded the Marienbad course the prestigious title of „Royal Golf Club“, the only course to have the honour bestowed upon it in all central Europe.

FIVE-DAY CYCLING PROGRAMME:

Take to the pedals

TOP TIP:

Don't have a bike with you? No problem – you can hire bikes (including electric bikes) at the ski resort, the railway station or one of the local bike shops - Sport Bílek and Sport Blažek. And don't forget to pick up a cycling map of the surrounding area from the tourist information centre.



DAY 1

After arriving in Marienbad, check in, take a short tour of the town including the Singing Fountain, and try the traditional local spa wafers.

TIP: *Download our Smart Guide at smart-guide.org.*

DAY 2

Depart for Kladská (9 km) along trail No. 2142. Tour (on foot) of the Kladská peat bog and visit to the Slavkovský Forest - House of Nature. From here we take a 15 km-long route: from the car park in Kladská head towards Hvězda (cycle trail No. 2136) – detour to the new Černý Lake where there are picnic tables. From Hvězda go left and take the so-called Vlnitá Way (yellow marked trail) – en route you pass the Lenka Spring on the left. At Vysoké sedlo (here you can cross the Kynžvart-Lazy road to take a look at the highest peak in the Slavkovský Forest - Lesný (983 m) - then return to Vysoké sedlo) - continue along the Hřebenová (ridge) trail towards Uhlíř Lake (admire the views of the Dyleň Forest from a gazebo along the way). From Uhlíř Lake you can take the road (cycle trail No. 2135) to Kladská, or follow the Hrobecká trail (red hiking trail) and stop at the mausoleum of Count Schönburg-Waldenburg, a man who loved this landscape so much that he was buried here. Return to Marienbad along the same cycle trail No. 2142. Route - 29 km long; medium difficulty.

Enjoy a massage, spa procedure or swim in the evening.

TIP: *At the Slavkovský Forest - House of Nature at Kladská visitors can learn about places of interest in the surrounding area and about why the Slavkovský Forest protected area is such an ecologically valuable location.*

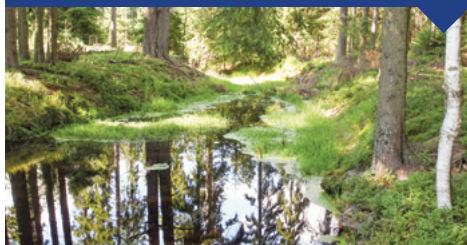


TIP:

The event to switch on the Singing Fountain takes place each year 30th April at 9pm - the fountain begins its winter break 31st October at 8pm. Performances also take place to mark special events and national holidays.

kalendar.marianskelazne.cz

The so-called Dlouhá stoka (Long Canal), a manmade waterway and important piece of engineering measuring 24.2 km, starts at Kladská Lake.



Kladská is home to a hunting lodge built in the Swiss-Tyrolean style.



Kynžvart Castle is one of the most beautiful in all West Bohemia. Chancellor Metternich's grand summer residence is set in a large English Park and houses all kinds of collections. Among other things, visitors can see one of the first photographs ever taken - the so-called Kynžvart daguerrotype is part of UNESCO's prestigious Memory of the World register.

www.zamek-kynzvart.eu

DAY 3

We depart towards Lázně Kynžvart from Tyršova Street along cycle trail No. 2068A. At the Balbín Spring we take a right onto the Metternich walking trail. After the cemetery take a left (cycle trail No. 361), then continue to Hájovna. From Hájovna we take the Smetana trail (cycle trail No. 2253) through the Slavkovský Forest past the former Schober gamekeeper's lodge, sticking to cycle trail No. 2253 as far as Lázně Kynžvart. Here we switch to trail No. 2135 which takes us to Kynžvart Castle. Take the tour then continue past the golf course and chateau lakes to Stará Voda. Stay on the 2135 as far as U Helmutova křižie, then take a right (cycle trail 36 EV13) to U Kamence, then go straight on (cycle trail No. 2069) into the village of Tři Sekery.

From the village we head along the road towards Drmoul (cycle trail No. 2137) via the viewing tower on Pánský vrch, a mysterious Jewish cemetery located nearby. From Drmoul it's a short ride back to Marienbad via Hamrníky. Route - 32 km; medium difficulty.

Enjoy a massage, spa procedure or swim in the evening.

When the weather is good, from the top of Pánská viewing tower you can see the Bohemian Forest, the Krušné Mountains, the Slavkovský Forest and Smrčiny.



A short walk from the Pánská viewing tower you'll find a Jewish cemetery dating back to the 17th century and the Pánská kyselka spring.

DAY 4

We leave from Chebská Street cross-roads along Mácha's trail, aka cycling trail No. 2284. The route climbs to the Hotel Krakonoš where you'll find the Bohemini-um park and a deer enclosure. Continue through the villages of Zádub and Závěšín to the base of an extinct volcano called Podhora and to a gamekeeper's lodge where we join trail No. 2257. After the level crossing take a left onto trail No. 361. Continue via Mrázov and Betlém Lake as far as Teplá Monastery.

After looking round the monastery we head along route No. 2212 past Starý Lake to Křepkovice, then turn right on the 2208 and continue via Pěkovice and Boněnov to Michalovy Hory. From there head up the Kosí Stream along trail No. 2138. Along the way we can quench our thirst at the Čiperka spring. At the intersection at a place called pod Lazurovým vrchem we go straight on along trail No. 2138A – this runs via Martínov and Vlkovice to the Antoníček Spring in the Úšovice neighbourhood of Marienbad. Route - 42 km; medium difficulty.

TIP: *The Chopin festival includes piano concerts at the Teplá Monastery and Kynžvart Castle.*



Teplá is a Baroque monastery where you'll find a Gothic presbytery with its Romanesque chapel and a unique monastery library, the second largest period library in Bohemia.

www.klastertepla.cz



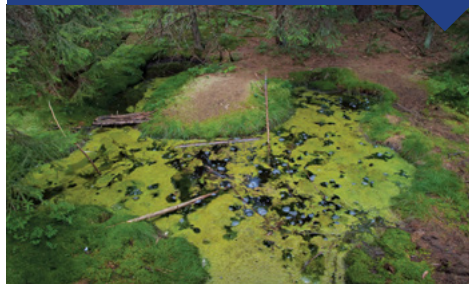
TIP:

In addition to regular services, various concerts and exhibitions take place at the Teplá Monastery. In late June the multi-genre festival OKOLO Konventu is held here.



The hill called Podhorní vrch (847 m) is one of extinct volcanoes in the Czech-Bavarian Geopark. In 1997 it became a nature reserve, and from the top there are wonderful views across the landscape. When visibility is good you can see as far as the mountains in the Šumava area.

Carbon dioxide and sulphur seep out of the ground at Smrad'och, the result of volcanic activity.



DAY 5

Heading out from Goethe Square to the area behind the Municipal Museum, we find the Geological Park where we join trail No. 361. Pass the former hotel Kamzík and after a while you arrive at Pstruží Lake where you switch to trail No. 2139, which leads to the Smrad'och educational trail. Not far from here you can quench your thirst at the Farská kyselka spring. We then continue to the village of Prameny, after which we take trail No. 2135 as far as Tři křížky and Upolínová Meadow.

Take the same trail back but beyond Prameny go straight on towards Kladská. On the left-hand side you can take a break in a small gazebo where the Gizela and Rudolf springs bubble to the surface. Trail No.2135 takes us to „Potok Rota“ where we turn left onto trail No. 2140 that runs all the way back to Marienbad via the King's Stone (Královův kámen) and Duncan's View. Departure.

TIP: Around 6 km from Tři Křížky is the Grünská Spring which is bottled and sold nationally as Magnesia mineral water.

Just outside the village of Prameny you'll discover a park and gazebo where the Gizela and Rudolf springs rise from the ground.



Tři Křížky is one of the most precious locations in the Slavkovský Forest. The serpentine bedrock here means many rare plants grow in the area that need this type of rock and soil to thrive. The equally precious Upolínová Meadow can be found on the opposite side of the road.



TOP TIP:

Over the course of the year more than 2000 events take place in Marienbad. Find the right one for you with our event calendar.

kalendar.marianskelazne.cz

ANNUAL EVENTS

START OF THE SINGING FOUNTAIN SEASON

The spring switch-on of the fountain after its winter break takes place on 30th April at 9pm precisely.

OPENING OF THE SPA SEASON

Traditional event with a wide-ranging programme and the blessing of the springs takes place over the second weekend in May.

JAZZ SPA

This music festival in late June brings jazz to the spa colonnade.

SPA RUN

This popular race for both professional runners and amateurs takes place in July.

CHOPIN FESTIVAL

Internationally renowned classical music festival which has taken place every August since 1959.

MARIENBAD FILM FESTIVAL

A film festival and accompanying programme of events for film buffs and the general public - specialises in experimental film.

MARIENBAD AUTUMN

Folk festival that fills the spa zone with traditional song and dance over the third weekend of September.

MARIENBAD CHRISTMAS MARKET

During the Advent there is a Christmas market in Mariánské Lázně.



FOUR-DAY PROGRAMME:

Winter holidays for everyone

TOP TIP:

The second weekend in Advent sees the Marienbad Christmas market take place at the colonnade, including several cultural events. In January you can compete in a cross-country skiing race called „Around the Springs of Marienbad“.



After snow falls, it takes around three days for all the cross-country skiing trails to be prepared. You can check the current state of the trails at gis.kr-karlovarsky.cz/klm/.

DAY 1

After arriving in Marienbad, check in, take a short tour of the town including the Singing Fountain, and try the traditional local spa wafers. The town's ski resort boasts a cable car and two ski lifts. You can ski after dark on the illuminated slope. Hire everything you need for downhill and cross-country skiing at the hire centre which also offers a ski service. Cross-country skis should probably be reserved in advance.

DAY 2

Skiing for adults and children. The children's ski park has everything kids could need including highly-competent skiing and snowboard tuition. There's also a heated play room, special learning facilities, moving carpets and a lift for the youngest of skiers. Individual tuition can also be arranged for adults. Have fun, meet new people and improve your technique on the slopes.

DAY 3

There are 90km of well-maintained cross-country skiing trails around Marienbad, suitable for both classic style and skating. All you have to do is head up to the golf course and strike out on one of the circuits that start from there. After a hard day on the skis, relax with a glass of mulled wine at the pub in the village of Závěšín.

TIP: Take the ski lift to the Hotel Krakonoš and ski the rest of the way to the golf course.

DAY 4

Choose from skiing, relaxation, massage, spa procedures, pool and sauna. Choose from a wide range of activities and enjoy some first-rate gastronomy. Ladies can make use of countless beauty and wellness programmes.



In winter, the ski resort in Marienbad offers lots of fun for skiers and snowboarders just 400 m from the main spa colonnade

www.skimarianky.cz



When conditions are right you can skate in the town centre at a place called Amika. Public skating sessions at the ice rink take place on weekend afternoons over the winter.

www.smsml.cz

GUIDED TOURS:

For groups and individuals

TOURS

Marienbad's tourist information centre organises themed guided tours every Thursday and Saturday.

www.marianskelazne.cz/en/tours



TOUR THEMES

TOWN WALKING TOUR

History-themed tour of the town – see the most significant locations in Marienbad and learn about the 200-year history of this world-famous spa, one nominated for inclusion on UNESCO's list of world cultural heritage sites.

IN THE FOOTSTEPS OF FAMOUS VISITORS

Join us to explore Marienbad's statues, monuments and plaques in locations where famous visitors spent their time in Marienbad.

FAMOUS AFFAIRS

This tour focuses on famous love affairs that had Marienbad as their backdrop. Relive the unrequited love Goethe had for the young Ulrika, Fryderyk Chopin's unhappy relations with Marie Wodzinská and the saucy tale of King Edward VII and the pretty milliner called Mizzi.

THEODOR LESSING AND JEWISH MARIENBAD

Did you know that there was once a synagogue in Marienbad? Learn all about the III. Jewish congress in Marienbad, the history of the Crystal Night and the murder of Theodor Lessing. Visit the monument to those who died in WWI in the Geology Park and the monument to the fallen Germans in the town's cemetery. If enough people are interested, the tour can include the Jewish cemetery.

MARIENBAD'S MINERAL SPRINGS

Come with us to discover the most important springs and experience the atmosphere of this picturesque spa town.

EXPLORING MARIENBAD

Head out with our guides into the surrounding area to experience the beauty of the forests and the exceptionally clean air. Get a feel for what the area was like before the spa town was established.



TOP TIP FOR CHILDREN:

Explore the town with spa squirrels Rudolf and Karolína. Pick up a work sheet from the information centre and follow an interesting route through Marienbad. Hand in a sheet filled in correctly and collect a reward.

GROUP TOURS

We will gladly arrange a group tours at a time and date of your choosing. The tours run in the following languages: Czech, English, Russian, German and French. There must be a minimum number of 10 people for the tour to take place. The maximum number is 25, but if a group is bigger than this we can arrange for an additional guide. The meeting point is usually at the tourist information centre, the Monarchs Statue or the City Service public transport stop, but others can be agreed.



Tickets are available at the information centre and online at www.kism1.cz under „Programmes“ or can be ordered in advance by e-mail at info@marianskelazne.cz.



MARIENBAD INFORMATION CENTRE

Hlavní 47/28, Dům Chopin, Mariánské Lázně, 353 01
info@marianskelazne.cz
+420 354 622 474
www.kisml.cz

Opening Hours:

Mar. – Oct. Daily 9.00 – 12.30, 13.00 – 19.00
Nov. – Feb. Daily 9.00 – 12.30, 13.00 – 18.00

TRANSPORT

Trolleybuses and ordinary buses run in the town. Pay the driver with coins or use a contactless debit card at the terminal by the bus door.

The bus ticket machines only take 1, 2, 5, 10, 20 and 50 Kč coins and don't give change.

For fare and timetable information visit www.mdml.cz

DRIVING INTO THE SPA ZONE

The entrances to the spa zone are marked with special road signs. If guests want to enter the zone by car (to access the colonnade for instance), they need a pass which can be purchased from any parking ticket machine. If they have paid accommodation in the spa zone, no pass is needed on the day of arrival and departure.

PARKING

The best place to park in the centre is the Parking House (Parkovací dům).

You'll find further information at www.zaparkujauto.cz

There are 23 parking metres in the town centre. You can now use the parking app ClickPark which enables you to pay easily and quickly using your smartphone.

Download the ClickPark app at clickpark.cz

ACCOMMODATION

We are happy to assist guests with accommodation. Call +420 354 622 474

Visit our reservation portal at www.marianskelazne.cz/ubytovani.

Found something you think may be out-of-date? Let us know at info@marianskelazne.cz.



Vydalo: Infocentrum města Mariánské Lázně | KIS Mariánské Lázně s.r.o.,
Hlavní 47/28, Dům Chopin, Mariánské Lázně, 353 01 v roce 2018
ve spolupráci s městem Mariánské Lázně

Foto: Z. Král, V. Simeonová, J. Pavlovic, J. Pužej, A. Piptová, Case Media s.r.o.,
J. Blažek, P. Lněnička, K. Funda, J. Vohnout, J. Jonák

použité fotografie pocházejí z webu www.kvpoint.cz - databanky fotografií Karlovarského kraje.

